

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	78.5%
Single	12.3%
Divorced	8.2%
Widowed	1.0%
Education level	
High school or less	65.4%
College	34.6%
Occupation	
Professional	25.3%
Managerial	18.7%
Technical	15.2%
Service	22.1%
Unemployed	18.7%
Health status	
Good	72.5%
Fair	15.3%
Poor	12.2%
Chronic diseases	
Hypertension	45.6%
Diabetes	32.1%
Heart disease	28.9%
Stroke	15.4%
Arthritis	38.7%
Chronic kidney disease	12.3%
Chronic lung disease	18.9%
Chronic liver disease	5.6%
Chronic mental illness	10.2%
Chronic pain	22.5%
Chronic fatigue	15.8%
Chronic stress	28.3%
Chronic anxiety	12.7%
Chronic depression	18.4%
Chronic insomnia	15.1%
Chronic headache	12.9%
Chronic dizziness	10.5%
Chronic nausea	8.7%
Chronic constipation	11.3%
Chronic diarrhea	9.8%
Chronic indigestion	13.6%
Chronic bloating	14.2%
Chronic flatulence	11.7%
Chronic dry mouth	10.1%
Chronic dry eyes	9.4%
Chronic dry skin	11.9%
Chronic hair loss	8.3%
Chronic nail changes	7.6%
Chronic mouth sores	6.8%
Chronic throat pain	5.9%
Chronic cough	12.4%
Chronic wheezing	11.1%
Chronic shortness of breath	13.5%
Chronic chest pain	10.7%
Chronic back pain	14.8%
Chronic neck pain	12.6%
Chronic joint pain	16.3%
Chronic muscle pain	13.9%
Chronic nerve pain	11.5%
Chronic skin rashes	9.2%
Chronic itching	8.5%
Chronic hives	7.1%
Chronic allergic reactions	10.4%
Chronic food allergies	9.7%
Chronic drug allergies	8.9%
Chronic environmental allergies	11.2%
Chronic autoimmune diseases	12.8%
Chronic endocrine disorders	10.6%
Chronic reproductive disorders	9.3%
Chronic infectious diseases	11.8%
Chronic parasitic infections	8.1%
Chronic fungal infections	7.4%
Chronic viral infections	10.9%
Chronic bacterial infections	9.6%
Chronic protozoan infections	8.8%
Chronic helminth infections	7.2%
Chronic prion diseases	6.5%
Chronic prion-like diseases	5.8%
Chronic neurodegenerative diseases	11.4%
Chronic neuroendocrine disorders	10.3%
Chronic neuroimmune disorders	9.1%
Chronic neurovascular disorders	8.6%
Chronic neurogenetic disorders	7.9%
Chronic neurodevelopmental disorders	11.0%
Chronic neurodegenerative disorders	10.2%
Chronic neuroendocrine disorders	9.5%
Chronic neuroimmune disorders	8.7%
Chronic neurovascular disorders	8.0%
Chronic neurogenetic disorders	7.3%
Chronic neurodevelopmental disorders	6.6%
Chronic neurodegenerative disorders	5.9%
Chronic neuroendocrine disorders	5.2%
Chronic neuroimmune disorders	4.5%
Chronic neurovascular disorders	3.8%
Chronic neurogenetic disorders	3.1%
Chronic neurodevelopmental disorders	2.4%
Chronic neurodegenerative disorders	1.7%
Chronic neuroendocrine disorders	1.0%
Chronic neuroimmune disorders	0.3%
Chronic neurovascular disorders	0.6%
Chronic neurogenetic disorders	0.9%
Chronic neurodevelopmental disorders	1.2%
Chronic neurodegenerative disorders	1.5%
Chronic neuroendocrine disorders	1.8%
Chronic neuroimmune disorders	2.1%
Chronic neurovascular disorders	2.4%
Chronic neurogenetic disorders	2.7%
Chronic neurodevelopmental disorders	3.0%
Chronic neurodegenerative disorders	3.3%
Chronic neuroendocrine disorders	3.6%
Chronic neuroimmune disorders	3.9%
Chronic neurovascular disorders	4.2%
Chronic neurogenetic disorders	4.5%
Chronic neurodevelopmental disorders	4.8%
Chronic neurodegenerative disorders	5.1%
Chronic neuroendocrine disorders	5.4%
Chronic neuroimmune disorders	5.7%
Chronic neurovascular disorders	6.0%
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Chronic neurodevelopmental disorders	13.8%
Chronic neurodegenerative disorders	14.1%
Chronic neuroendocrine disorders	14.4%
Chronic neuroimmune disorders	14.7%
Chronic neurovascular disorders	15.0%
Chronic neurogenetic disorders	

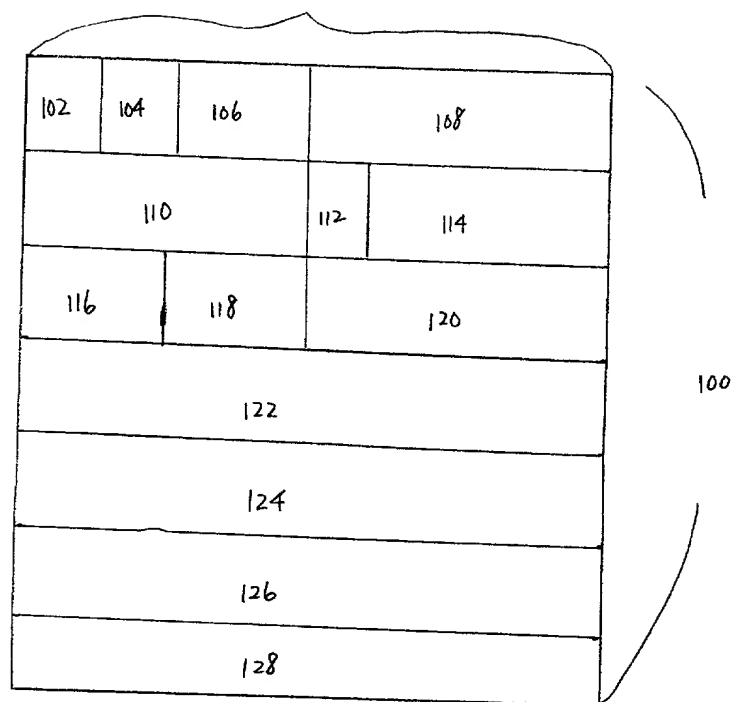


Figure 1

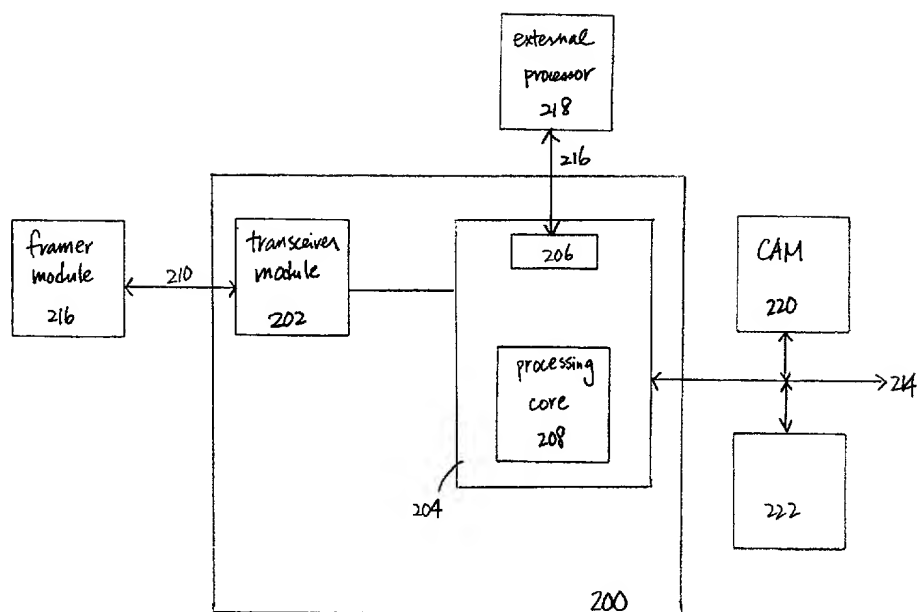


Figure 2

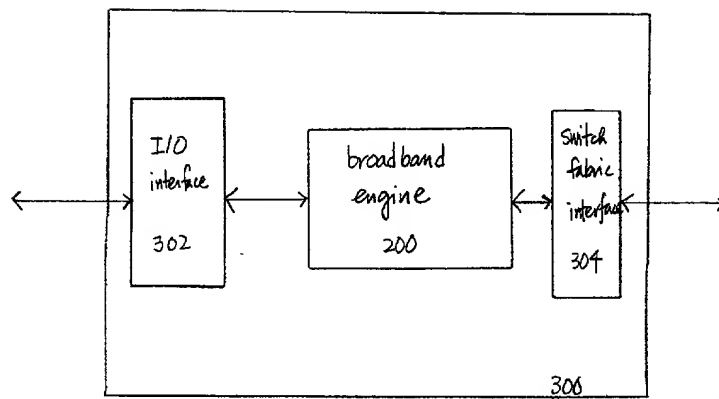


Figure 3



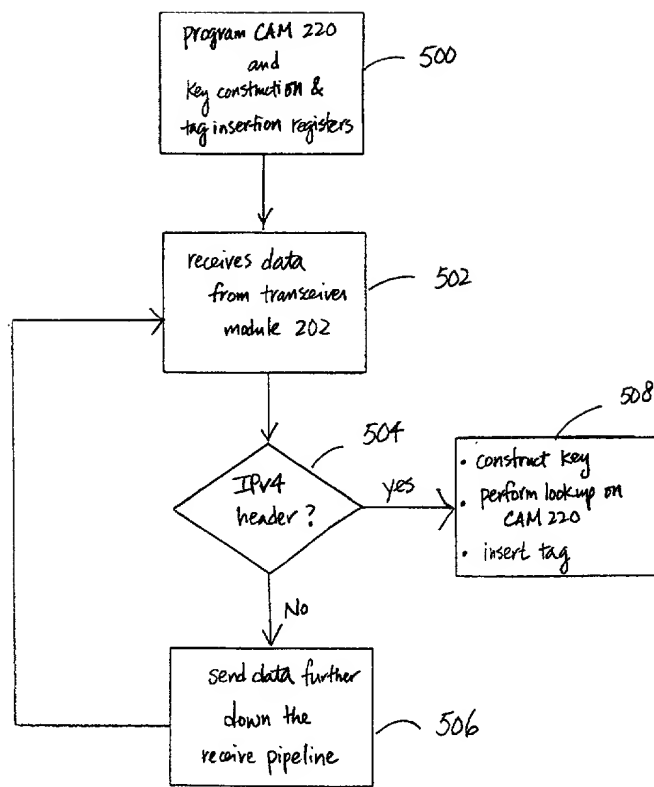


Figure 5